



The Abington Club

WATER AEROBIC FITNESS SCHEDULE

	<u><i>MONDAY</i></u>	<u><i>TUESDAY</i></u>	<u><i>WEDNESDAY</i></u>	<u><i>THURSDAY</i></u>	<u><i>FRIDAY</i></u>	<u><i>SATURDAY</i></u>	<u><i>SUNDAY</i></u>
9:30 AM	WATER AEROBICS Dot (1 hour)	WATER AEROBICS Lorna (1 hour)	WATER AEROBICS Dot (1 hour)	WATER AEROBICS Nancy (1 hour)	WATER AEROBICS Suzanne (1 hour)		
10:00 AM						WATER AEROBICS Janet/Tienne (1 hour)	WATER AEROBICS Robyn (1 hour)
12:00 PM		WATER AEROBICS Suzanne (1 hour)		WATER AEROBICS Suzanne (1 hour)			
5:30 PM							
7:00 PM	WATER AEROBICS Janet (1 hour)	WATER AEROBICS (1 hour)	WATER AEROBICS (1 hour)	WATER AEROBICS (1 hour)			

Any Class Consistently Having Less Than 5 Participants Will Be Either Changed or Removed From Our Schedule.